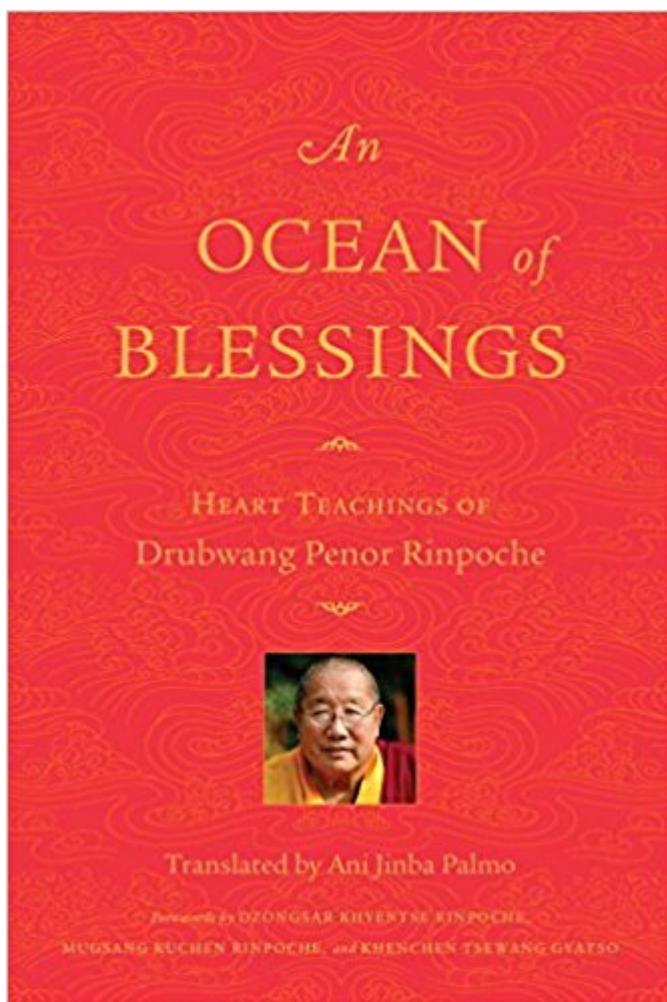


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# An Ocean Of Blessings: Heart Teachings Of Drubwang Penor Rinpoche



## Synopsis

The first published collection of essential teachings by Penor Rinpoche, one of the most important Buddhist masters of the 20th century. This inspiring work is the first available collection of teachings by one of the most well-known Nyingmapa masters of the twentieth century, His Holiness Penor Rinpoche. Ani Jinba Palmo compiled and translated this valuable collection of Penor Rinpoche's fundamental instructions for practitioners on the Vajrayana path. Coming straight from the heart and realization of this great master, these honest and clear teachings emphasize the indispensable foundations of loving-kindness, mindfulness, and simplicity needed to become a true yogi. Profound yet accessible, this work serves to remind Buddhist practitioners of the heart of the Tantric and Dzogchen traditions.

## Book Information

Paperback: 184 pages

Publisher: Snow Lion (November 7, 2017)

Language: English

ISBN-10: 1559394692

ISBN-13: 978-1559394697

Product Dimensions: 6.1 x 0.5 x 9 inches

Shipping Weight: 9.9 ounces (View shipping rates and policies)

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## Customer Reviews

Penor Rinpoche was generous with the teachings that he gave personally, and readers can enjoy some of them here in this book. I also deeply appreciated his dedication and enthusiasm in providing young monks and nuns with generous facilities and opportunities to pursue a rigorous study of Buddhism. His Holiness the Dalai Lama Kyabje Penor Rinpoche is a jewel of wisdom. Through these deep and intimate teachings, he truly brings the Dharma alive." Sakyong Mipham Rinpoche

HIS HOLINESS PENOR RINPOCHE (1932-2009) was one of the most well-known Nyingma and

Dzogchen masters of the twentieth century. Rinpoche was the third head of the Nyingma school of Tibetan Buddhism and the eleventh throne-holder of the Palyul lineage. Considered an incarnation of Vimalamitra, Rinpoche received his full spiritual training in Tibet before escaping to India in 1959. He subsequently established Namdroling Monastery in Southern India and also taught extensively throughout the world. Rinpoche had many Tibetan and international students, and in the 1980s he recognized the first Western female reincarnate lama, Jetsunma Ahkon Lhamo (Alyce Louise Zeoli). ANI JINPA PALMO is a Dutch Buddhist nun who was ordained over three decades ago in the Tibetan Buddhist tradition. She was the interpreter for Kyabje Dilgo Khyentse Rinpoche and has translated many of his works, including Rinpoche's autobiography, A Brilliant Moon. Ani currently resides in India and Nepal.

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